## Friends

This time of year, can lead to much reflection.

I wonder what 2024 has held for you?

I wonder what you are looking to in 2025?

I can imagine that whatever has been or will be, is a mixed bag of real life. Some times of joy and success, and some times of stress and fear.

Our reflections on the past, and our fears and hopes for the future can prevent us from living in the blessing of today.

But in Jesus, the past is forgiven, dealt with.

And the future is taken care of.

He releases us to live today.

John 3:16 'For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.'

John 10:10 'I came that they may have life, and have it abundantly.'

With the past forgiven, and the future taken care of, we are released to be present. To notice the blessings we have. To rest in them, to enjoy them, and to share them, day by day, moment by moment.

I hope that is the sort of present you get this Christmas.

It's the one Jesus can give you.

Blessings,

Jσ